

### **Hoarding Fear and Doubt**

*(Matthew 14:27-31) 27 Immediately Jesus spoke to them. "Have courage! It is I. Don't be afraid." 28 "Lord, if it's You," Peter answered Him, "command me to come to You on the water." 29 "Come!" He said. And climbing out of the boat, Peter started walking on the water and came toward Jesus. 30 But when he saw the strength of the wind, he was afraid. And beginning to sink he cried out, "Lord, save me!" 31 Immediately Jesus reached out His hand, caught hold of him, and said to him, "You of little faith, why did you doubt?"*

When I become \_\_\_\_\_, I will \_\_\_\_\_ His ability to sustain me.

### **How do I keep from letting doubt and fear rule in my life?**

*(Psalm 56:3-4) 3 When I am afraid, I will trust in You. 4 In God, whose word I praise, in God I trust; I will not fear. What can man do to me?*

When I force myself to trust in God and trust in His Word, I \_\_\_\_\_ overcome fear.

### **How will trusting in God and His Word keep me from doubt and fear?**

*(Psalm 28:7-8) 7 The LORD is my strength and my shield; my heart trusts in Him, and I am helped. Therefore my heart rejoices, and I praise Him with my song. 8 The LORD is the strength of His people; He is a stronghold of salvation for His anointed.*

Two ways God can build up my life:

He is my \_\_\_\_\_.

He is my \_\_\_\_\_.

*(Psalm 27:1) The LORD is my light and my salvation — whom should I fear? The LORD is the stronghold of my life — of whom should I be afraid?*

When God is my stronghold, I have nothing to \_\_\_\_\_.

*(Psalm 118:6-7) 6 The LORD is for me; I will not be afraid. What can man do to me? 7 The LORD is my helper, Therefore, I will look in triumph on those who hate me.*

No matter what is happening in my life, God is my \_\_\_\_\_.

*(Hebrews 13:5-6) 5 Your life should be free from the love of money. Be satisfied with what you have, for He Himself has said, I will never leave you or forsake you. 6 Therefore, we may boldly say: The Lord is my helper; I will not be afraid. What can man do to me?*

### **How will understanding God is with me, and that I don't have to hoard fear and doubt, change my life?**

*(1 John 4:15-19) 15 Whoever confesses that Jesus is the Son of God — God remains in him and he in God. 16 And we have come to know and to believe the love that God has for us. God is love, and the one who remains in love remains in God, and God remains in him. 17 In this, love is perfected with us so that we may have confidence in the day of judgment, for we are as He is in this world. 18 There is no fear in love; instead, perfect love drives out fear, because fear involves punishment. So the one who fears has not reached perfection in love. 19 We love because He first loved us.*

Here is God's two-step plan for eradicating fear in your life:

- \_\_\_\_\_ the love of God.
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*(Psalm 55:22) Cast your burden on the LORD, and He will sustain you; He will never allow the righteous to be shaken.*